

# Loading and structural performance of tandem bicycle frames



MARK TAYLOR/STUFF

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# Loading and structural performance of tandem bicycle frames

Thomas Brooks <sup>1</sup>, Digby Symons <sup>1</sup>

<sup>1</sup> Mechanical Engineering, University of Canterbury, NZ



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***ZENYTH***  
***PROJECTS LIMITED***

Damian Wiseman, Paralympics New Zealand



## Motivation: 8 out of 50 Paralympic cycling medals contested on tandems

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### Paralympic cycling classes:

- C 1-5: Cyclists with an impairment capable of using a standard bicycle
- T 1-2: Cyclists with balance impairment use a tricycle
- H 1-4: Cyclists with leg impairment use a handcycle
- **B: Blind and visually impaired cyclists use a Tandem bicycle with a sighted pilot on the front - both athletes are awarded medals**



Neil Fachie and Matthew Rotherham (GBR)



## Motivation: Tandem frame design is a challenge

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### Conflicting design needs:

- Low mass, good aerodynamics
- High stiffness and strength

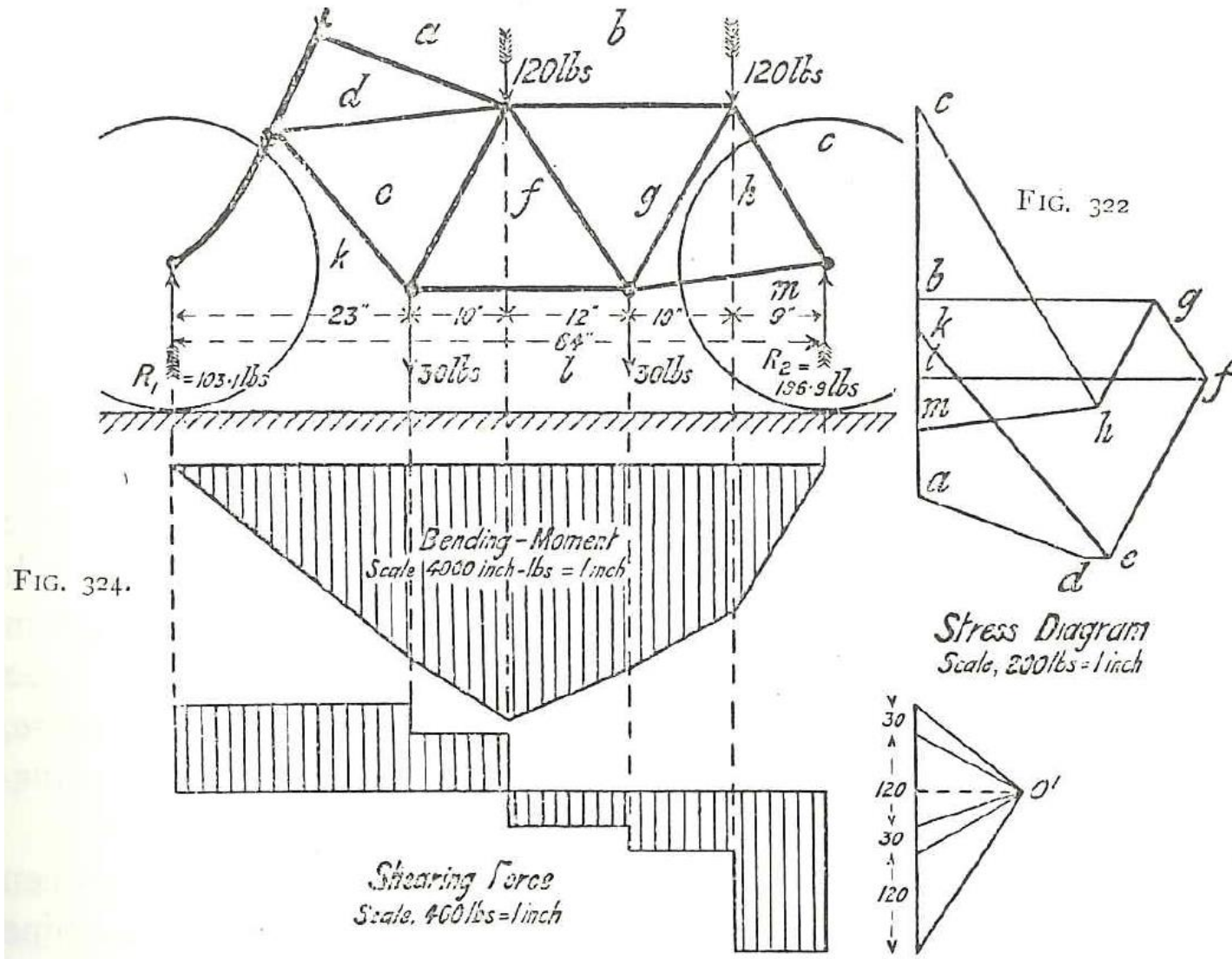
### Structurally worse than solo bicycle:

- Much higher loading
- Longer wheelbase



Medals for para-sport events in the Commonwealth Games, such as para-cycling tandem sprint, count towards national medal tallies. Tim Ireland/PA

## Motivation: Not a new problem [1]



**Motivation:** Despite UCI rules, no single design universally adopted to date



**Double diamond**



**Direct lateral**



**Marathon**



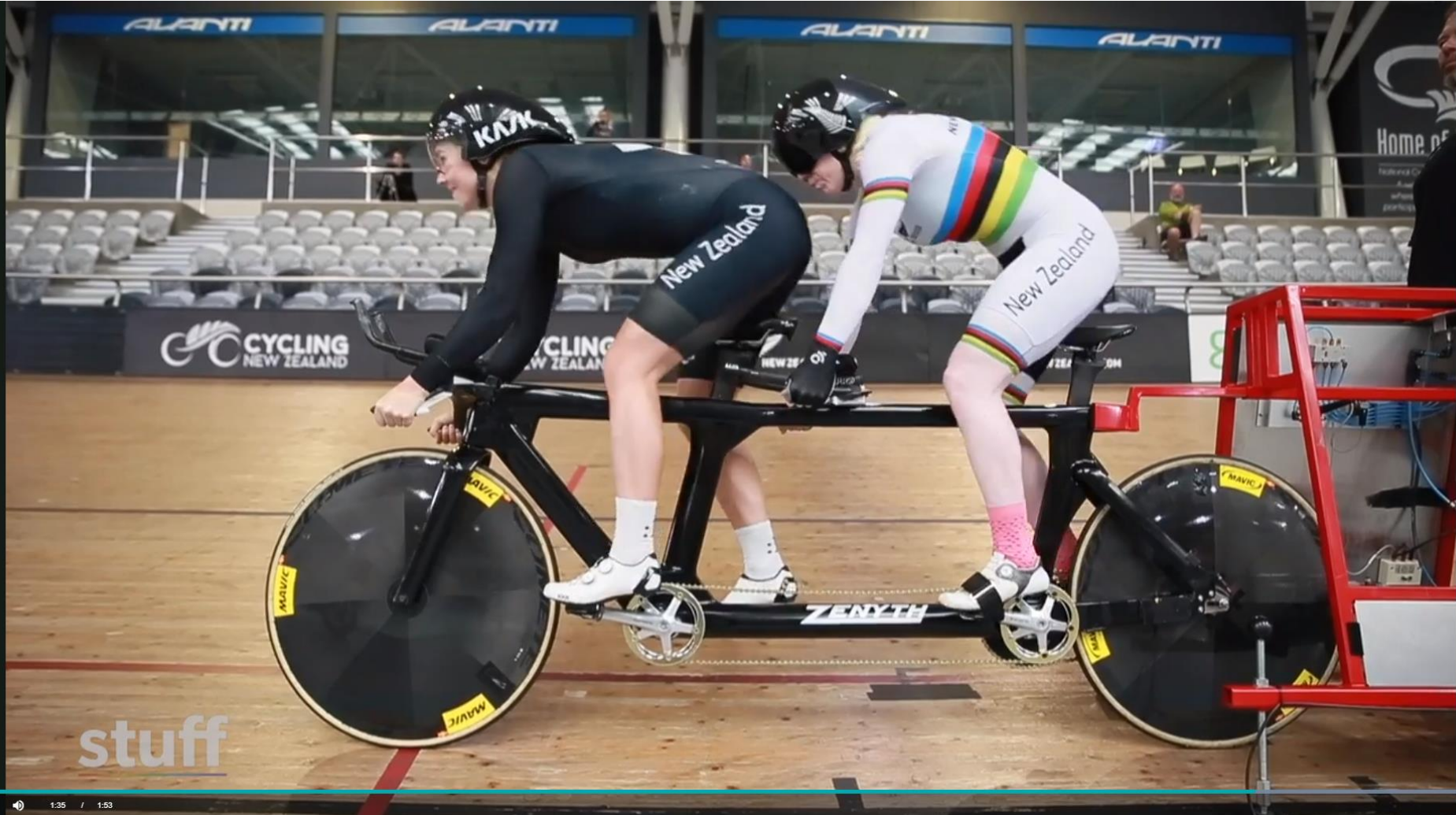
**Open frame**



## Method: Load case – starting effort



## Method: Load case – starting effort





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## Method: Load case – starting effort

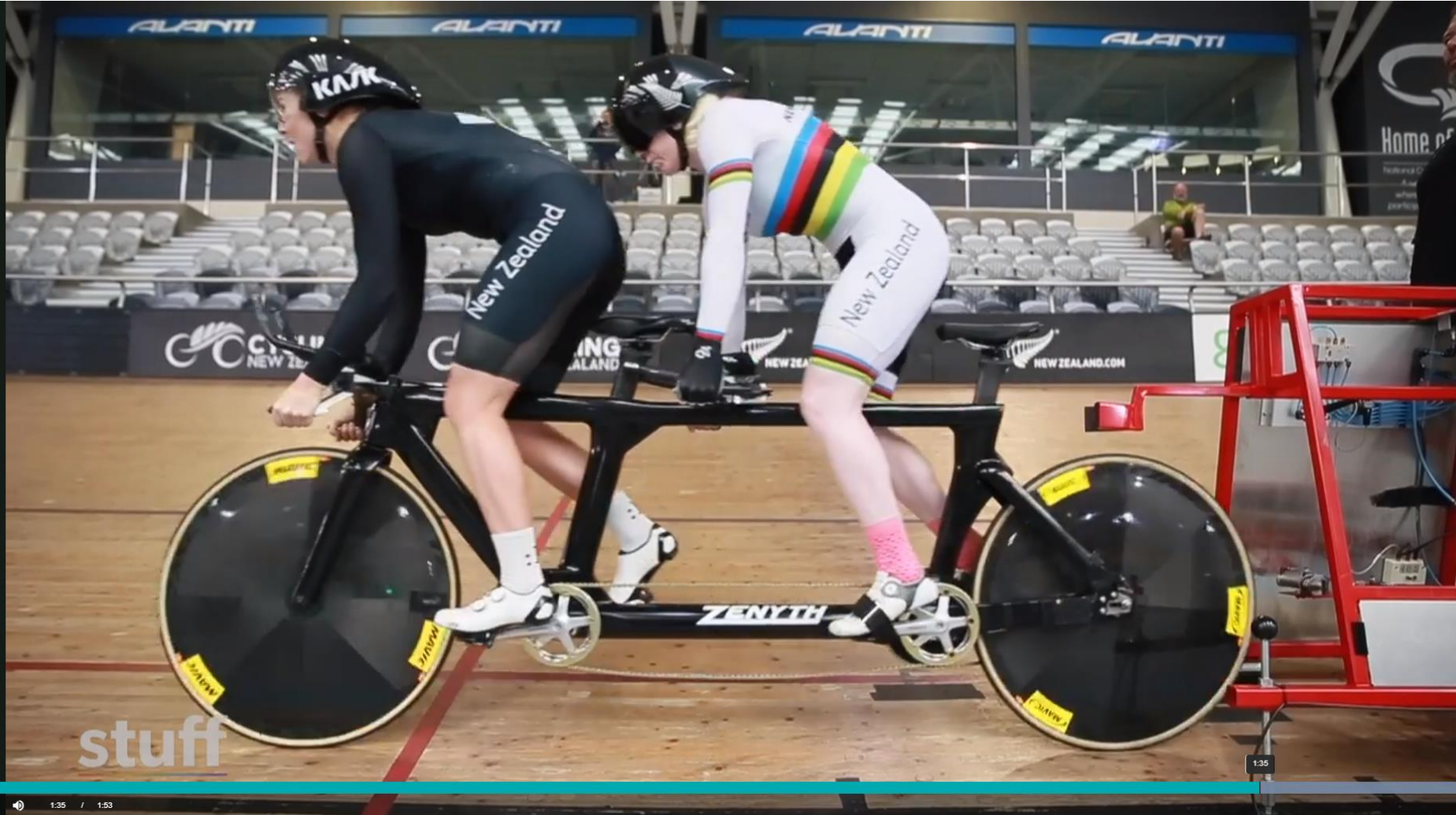




## Method: Load case – starting effort



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## Method: Load case – starting effort

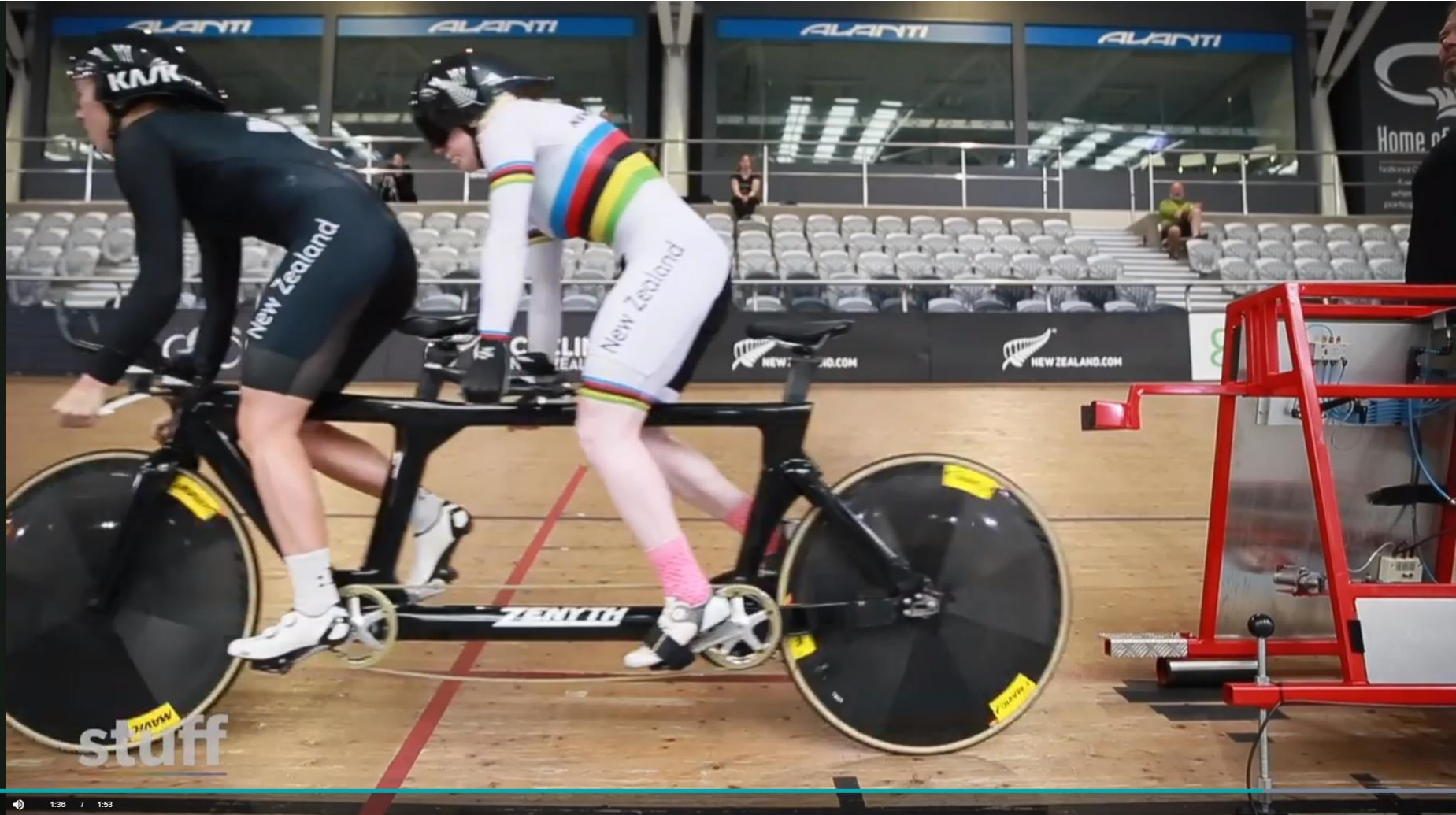


## Method: Load case – starting effort





## Method: Load case – starting effort





## Method: Calculation of forces

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### Approach

- Define bicycle geometry
- Define athlete mass and starting torque
- Consider equilibrium of:
  - Whole bicycle
  - Captain and stoker
  - Rear wheel
  - Both cranksets (pedal & chain forces)
- Output: forces acting on
  - Handlebars
  - Bottom brackets

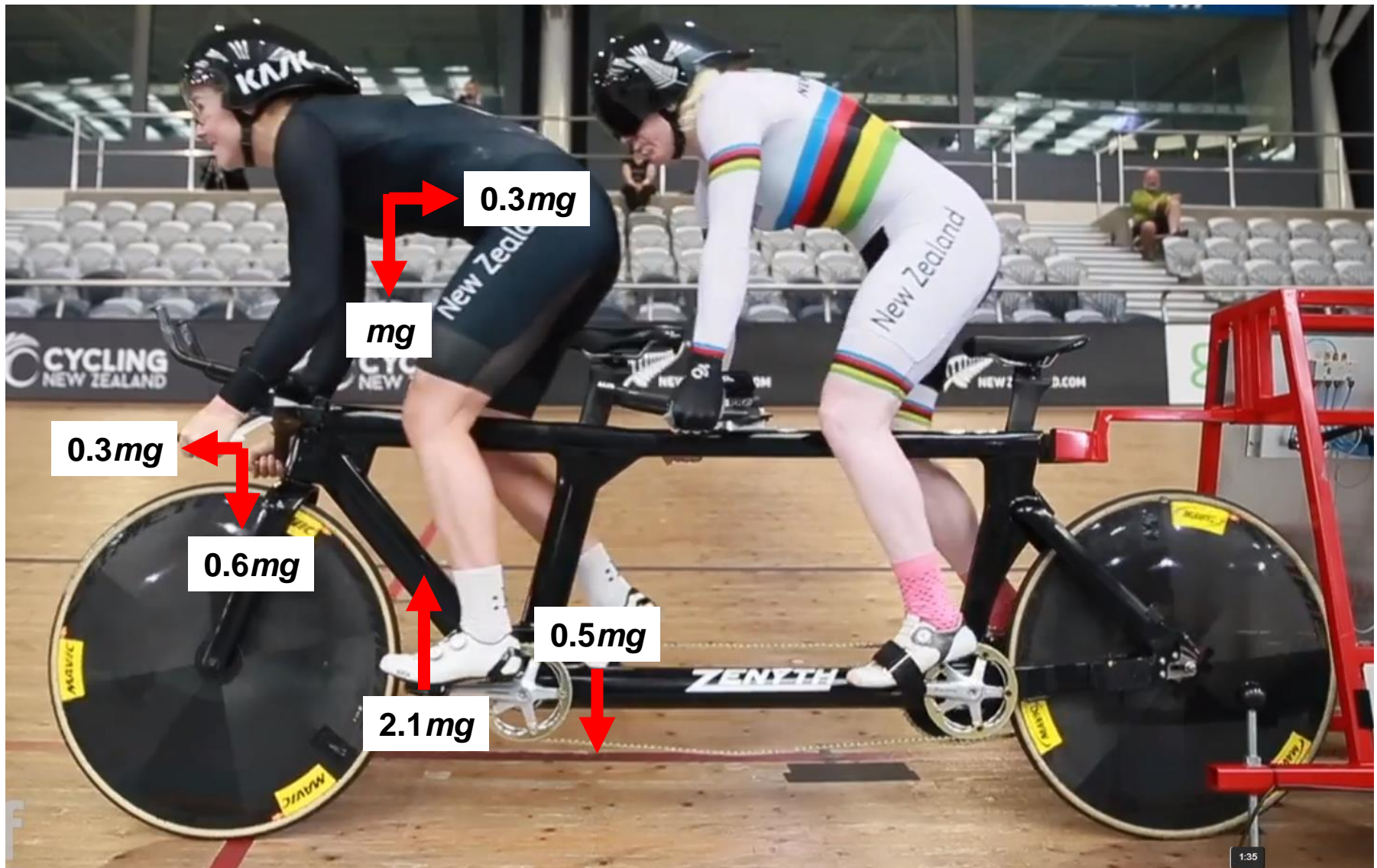
### Key assumption

No horizontal forces on pedals [2]

### Cyclists

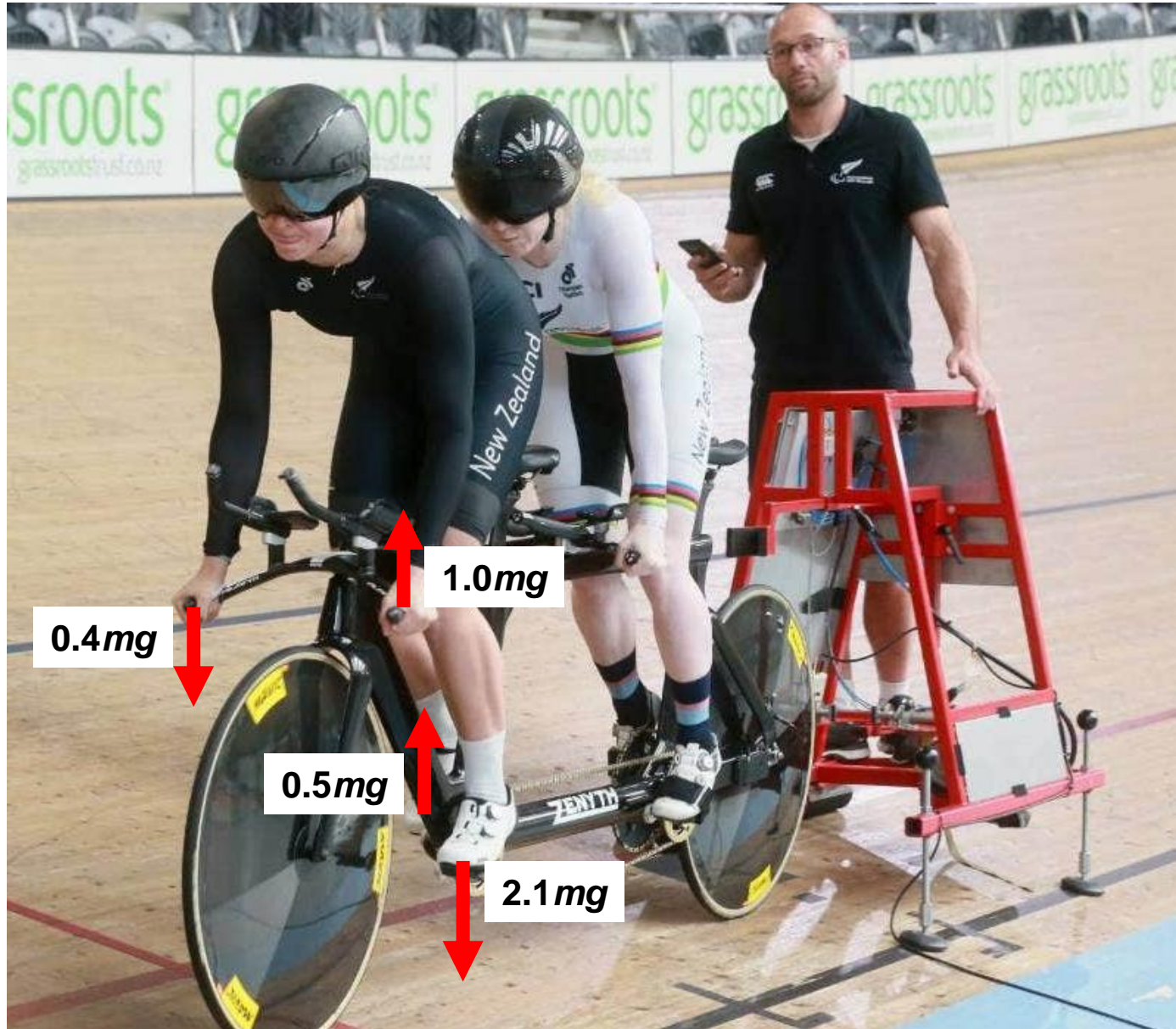
Elite level females: 60 kg & 55 kg, 250 Nm each

## Method: Equilibrium of cyclist (estimated c.o.g. [3])



[3] Clauser, C.E., McConville, J.T. and Young, J.W. (1969) Weight, volume, and center of mass of segments of the human body. AMRL TR 69-70, Wright-Patterson Air Force Base, Ohio (NTIS No. AD-710 622)

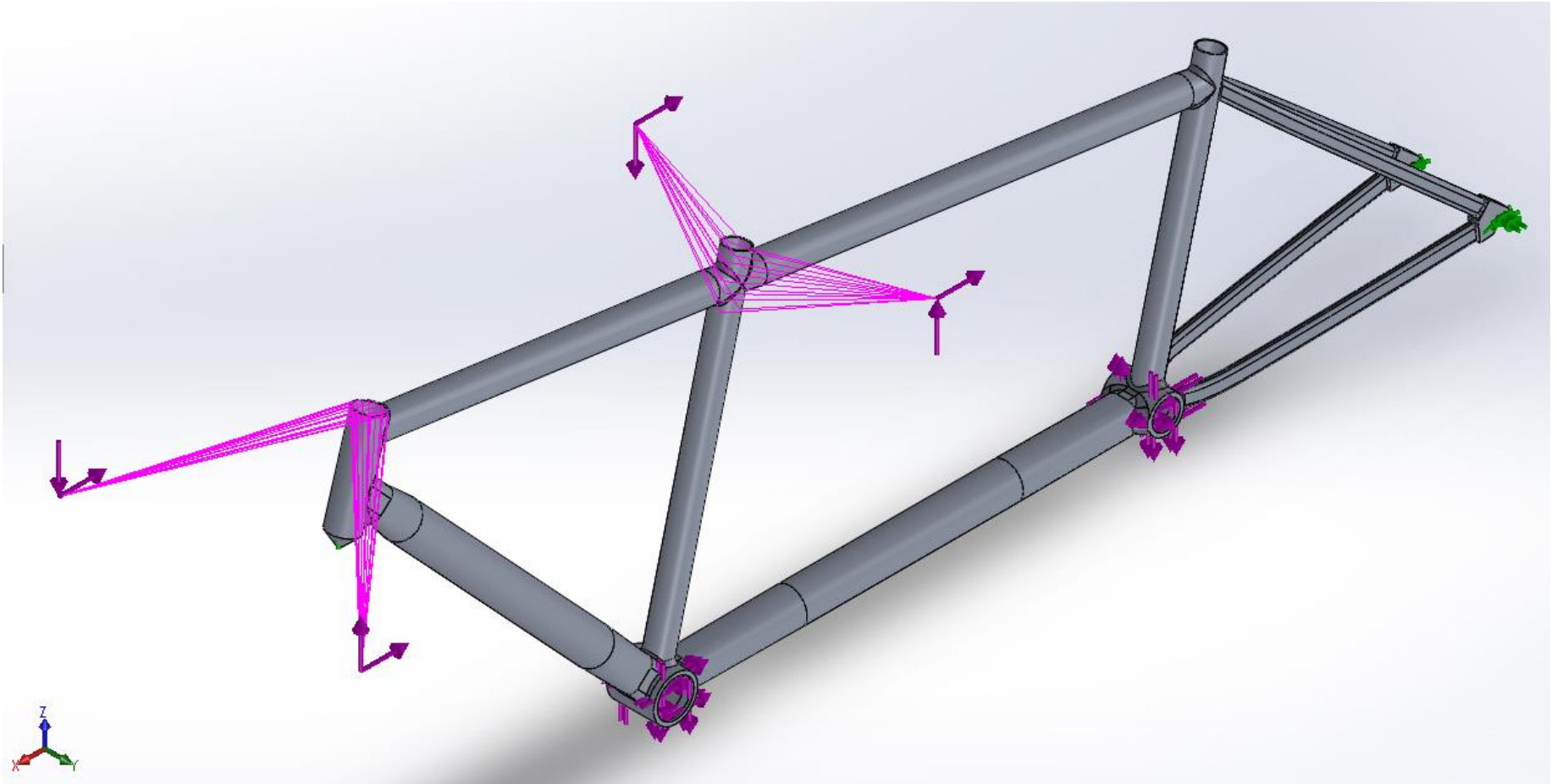
## Method: Vertical forces applied to bicycle





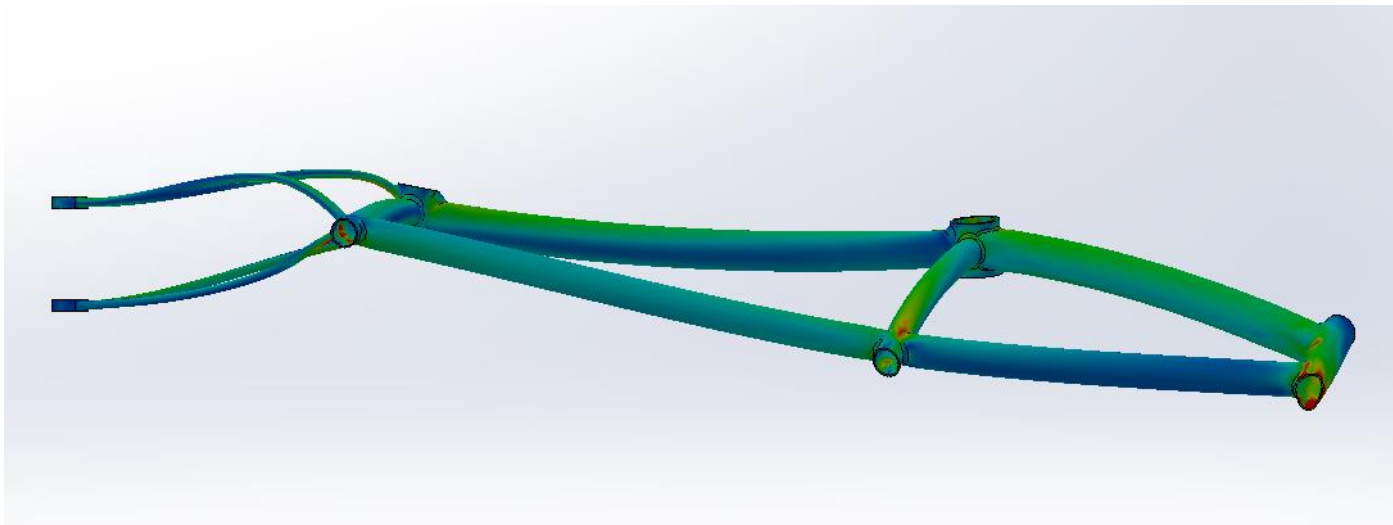
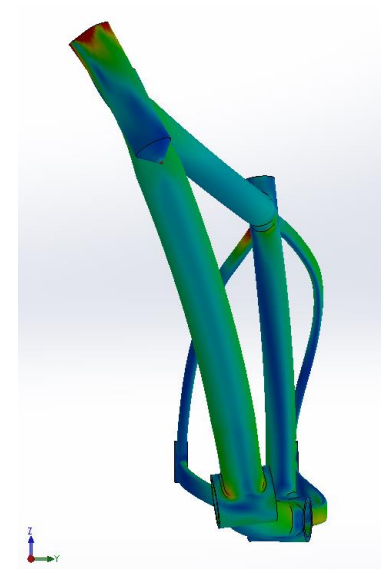
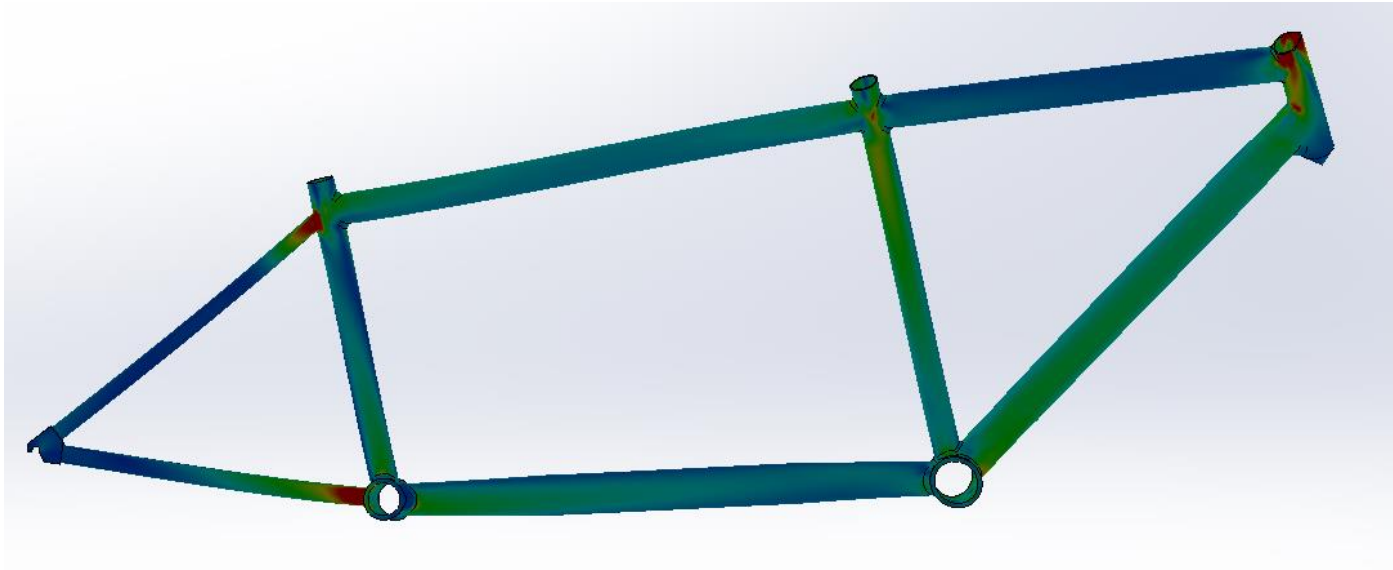
## Method: Computational structural analysis

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# Results: Deflection

## Open frame





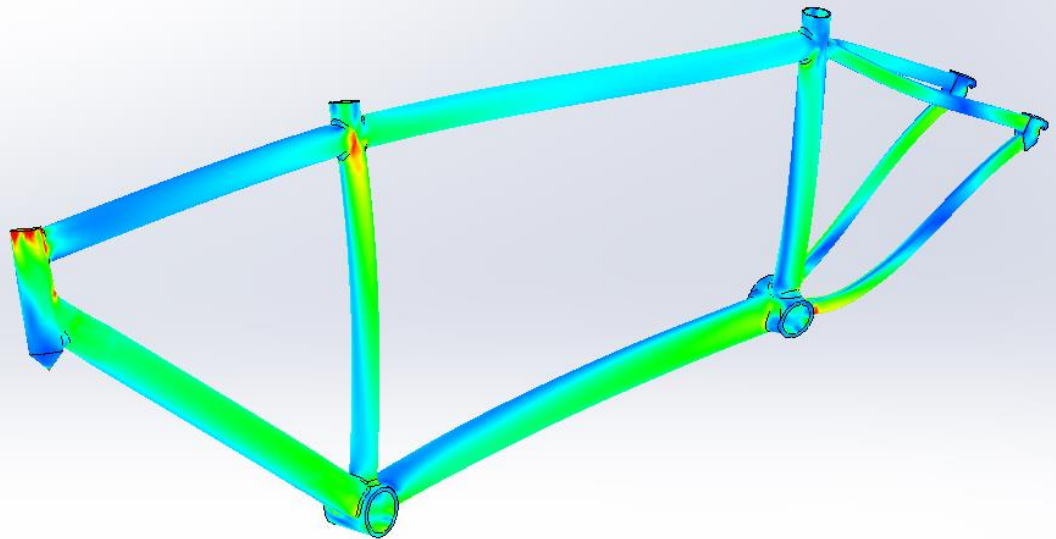
## Results: Comparison of two frame types

### Open frame

Aluminium tubing

- Diameters: 51 to 35 mm
- Wall thickness: 2 mm

Frame mass: 3.29 kg



### Double diamond

3.68 kg (12% heavier)

Vertical deflection

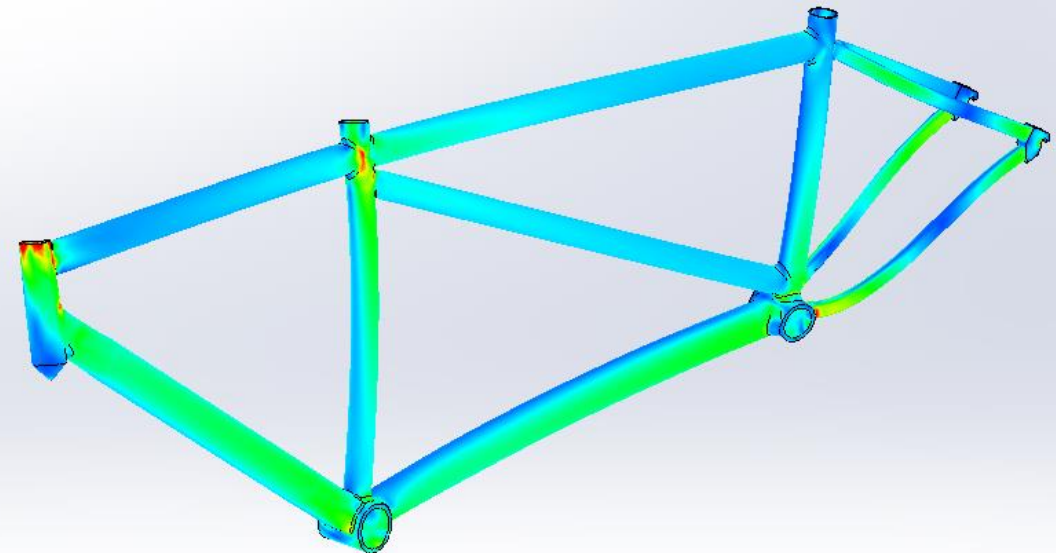
- 297% stiffer

Captain twist

- 8% stiffer

Stoker twist

- 25% stiffer



# Conclusions & further work

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## Stiffness benefits

Additional bracing can provide torsional stiffness improvement. But .....

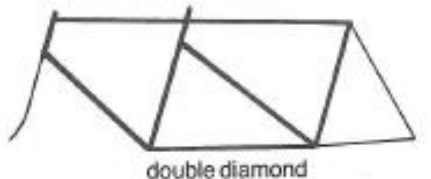
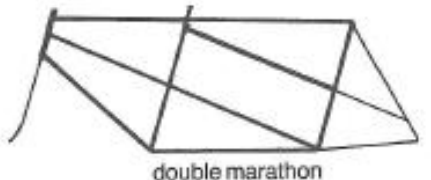
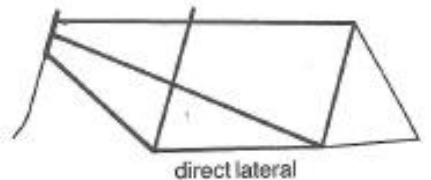
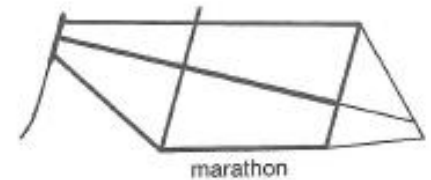
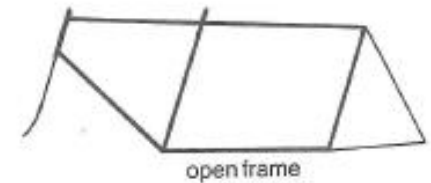
## Effect on performance

Weight saving is worth  $\sim 0.1\text{s/kg}$  over a 3000m tandem pursuit race

Aerodynamic benefits of reduced bracing?

## Next steps

Analyse marathon, double marathon and direct lateral designs

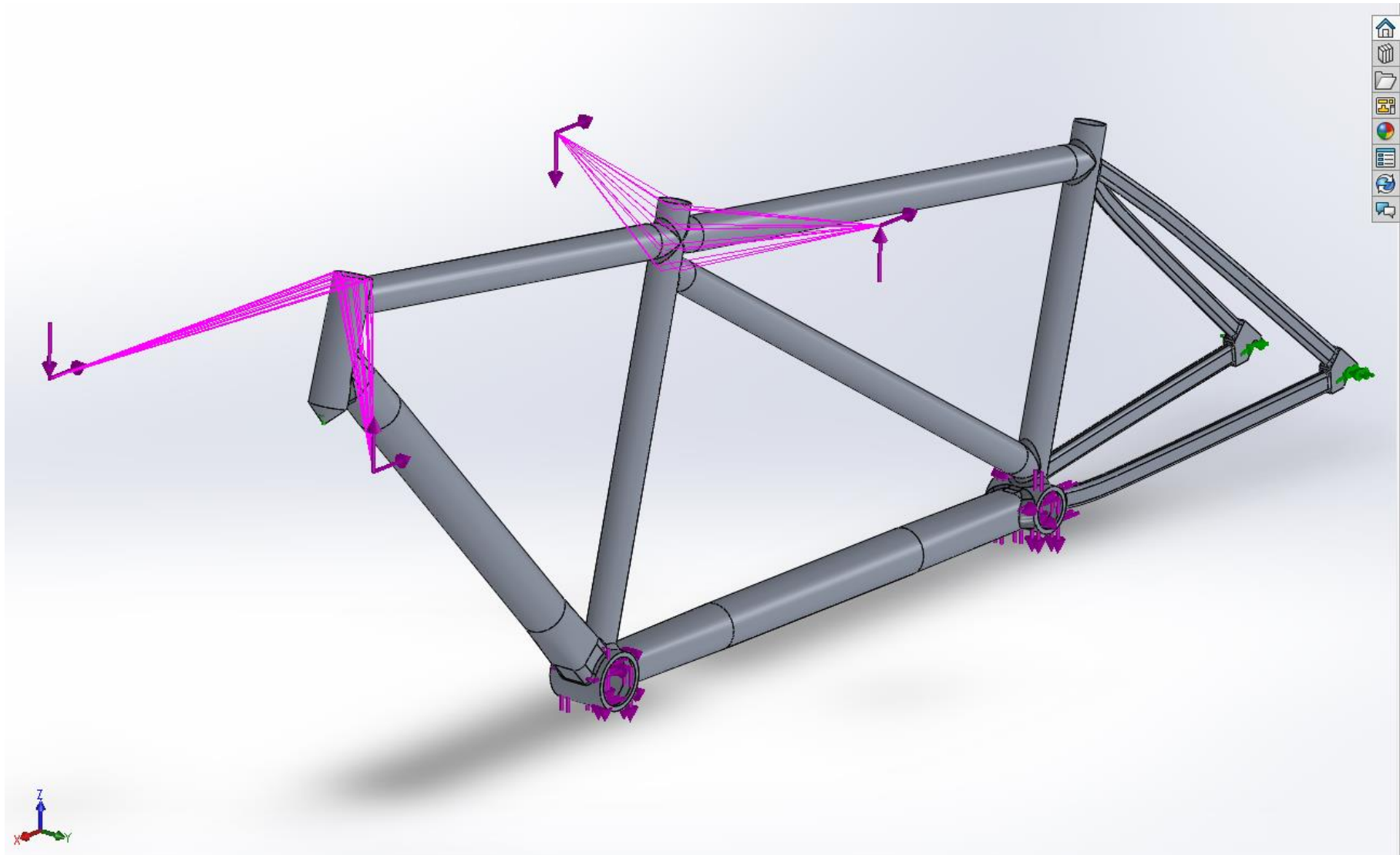




## Spare slides

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## Method: Computational structural analysis

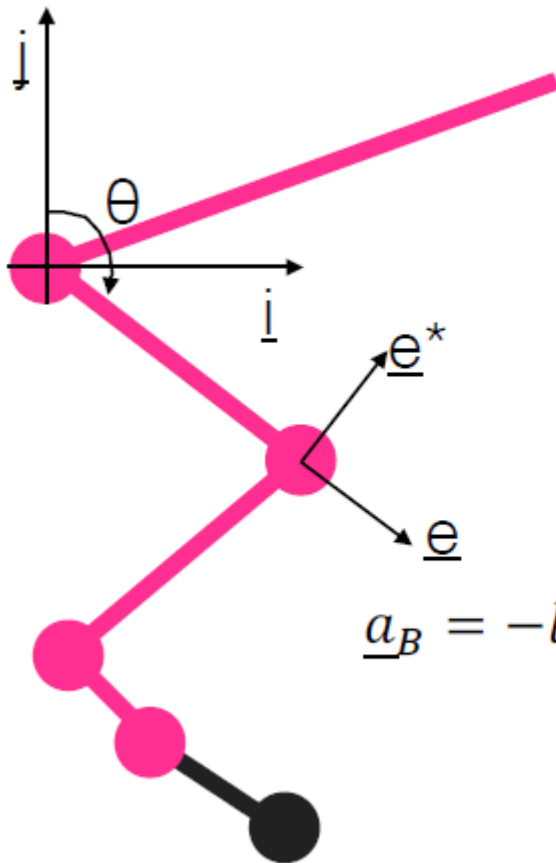




[illegible]

## Kinematic model

### Velocity and acceleration of knee



$$\underline{v}_B = l_1 \dot{\theta} \sin \theta \underline{i} + l_1 \dot{\theta} \cos \theta \underline{j}$$

$$\underline{a}_B = -l_1 (\ddot{\theta} \cos \theta + \dot{\theta}^2 \sin \theta) \underline{i} + l_1 (\ddot{\theta} \sin \theta - \dot{\theta}^2 \cos \theta) \underline{j}$$